ENROLMENTS FOR 2015

We are now accepting Kindergarten enrolment applications for 2015. If you have a child, or a friend who has a child, who turns five before the 31 July 2015 now is the time to enrol. For an Application to Enrol package, please contact the school office.

STEWART HOUSE

Stewart House School Clothing appeal bags are to be returned to school by 27 October. They may be left at the office or the hall. Thank you for your support.

<table>
<thead>
<tr>
<th>Dates for the Calendar</th>
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<tbody>
<tr>
<td>23 October</td>
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<td>27 October</td>
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<td>27 October</td>
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<td>28-29 October</td>
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<td>3 – 14 November</td>
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<td>5 November</td>
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<th>Payments Due</th>
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<tr>
<td>16 October</td>
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<td>22 October</td>
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Regentville Public School accepts no responsibility for the quality of the goods and services advertised in this newsletter.

10 Tips to Stress Less

Enjoy Lunch Outside

Get Your Hands Dirty - Do Some Gardening

Accept an Imperfect Me!

Explore Your Playful Side

Seek a Different Perspective

Take One Small Step Towards Your Goals

Take the Scenic Route

Be Generous with Kind Words

Appreciate the People in Your Life

Feel the Breeze

Visit www.stresslesstips.org

Mental Health Association NSW 1300 794 991

Sponsored by Mental Health Commission of NSW
AUSTRALIA'S YOUTH PRESENTS
A SELF DEFENCE KARATE
AND SAFETY AWARENESS PROGRAM
FOR BOYS AND GIRLS AGES 5 TO 16
IN SYDNEY SINCE 1994
WEBSITE: http://karate.kids.com.au

DEVELOP SELF CONFIDENCE
HELP CONCENTRATION
BUILD COORDINATION
MAKE NEW FRIENDS
BUILD SELF ESTEEM
IMPROVE STUDIES

ONLY $12.00 PER WEEK!
WITH A DEPOSIT OF $20.00 PER TERM
NO EXTRA GEAR REQUIRED
SELF DEFENCE ONLY IS TAUGHT

OUR INSTRUCTORS ARE TRAINED SPECIFICALLY
FOR THE TEACHING OF CHILDREN AND TEENS
INSTRUCTOR IS A KARATE CHAMPION
ADVANCEMENT FROM
BEGINNER TO BLACK BELT

LOCATION: PENN WITCH SCHOOL
CORNER OF JAMISON RD. AND EVAN ST., SOUTH PENN WITCH
CLASSES ARE EVERY MONDAY FOR 10 WEEKS (EVERY SCHOOL TERM)
NSW AND RETURNING REGISTRATION: MONDAY, 13 OCTOBER, 2014
NEW STUDENTS CAN ALSO JOIN ON: MONDAYS, 20 OCTOBER, 21 OCTOBER.

New and returning students
Age 6 to 8
Class Time 4:00 TO 4:40 P.M.

New students Age 9 To 16
and Returning Students
3rd Orange to 3rd Blue
Class Time 4:45 to 5:25 P.M.

Returning students
1st Green to Black
Class Time 5:30 to 6:30 P.M.

Registration will only be accepted up to the third week of term. No preregistration is necessary, just turn up 10 to 15 minutes before class time above if possible. See you there! For further information contact Matt Klein on 9504-6667.

DIVE IN
Swimming Academy

Highly Qualified and Recognised Aquatic Educators

We are accredited with Swim Australia so you can be assured of our standards. We work carefully with Aquatic Educators to ensure the highest standard of teaching.

Your child is safer as we background check all our Staff - Current WWTC licence and CFR.

We recognise and understand the family dynamic and support parents through child's development.

Location
Close to Glenmore Park, M4, Mulgoa so you don't need to travel through busy Penrith traffic

Services
- Learn to Swim - Squad Training
- School Carnival Preparation - Baby lessons from 4mths
- Pool Party Hire / Pool Inflatable Hire

47 332 840
www.diveinswim.com.au
122 Blakie Rd Penrith NSW 2750

Find us on Facebook
1-2-3 Magic!

- Managing unwanted behaviour — helping your children to stop doing what you don’t want them to do
- Encouraging good behaviour — helping your children to start doing what you want them to do
- Emotion coaching — helping children to identify and manage emotions that drive behaviour
- Strengthening your relationship — reinforcing the bond between you and your child — having fun!

WHERE: Blue Emu Children’s Centre
       38A Wedmore Road, Emu Heights

WHEN: Monday evenings 3/11, 10/11 & 17/11/14

TIME: 6.00pm – 8.00pm

CHILDCARE: Available (must be booked)

COST: Gold Coin Donation

REGISTRATION: Gateway Family Services - 1300 316 746 (free call)

The Family Links Project is funded by the Department of Social Services
Saturday 25th to Sunday 26th
October 2014
9:30am - 4pm
Adults $5 • Concession $4 • Children $2

26th Annual
Doll, Bear & Craft Show

FEATURING:
• Unique Handmade Products
• Dolls and Accessories
• Wooden Toys and Furniture
• Doll’s Houses and Supplies
• Teddy Bear and Making Supplies
• Aromatherapy • Jewellery, Craft

For more information call 4731 3000
or visit www.museumoffire.com.au

Museum of Fire. 1 Museum Drive, Penrith.
The Museum of Fire is a Registered Charity